

Hampshire Hills Seawolves

ONE MINUTE CLUB

The One Minute Club are swim team members who have gone under 1 minute in the 100 yard/ long course meters in a pool for the first time in their career in freestyle, backstroke, breaststroke, butterfly and/ or 100 IM.

Yards

Andy Disco	Freestyle - 01/17/2007 Backstroke – 01/20/2008 Butterfly – 07/19/2008
Mike Disco	Freestyle – 01/08/2005 Butterfly – 11/11/2006
Kelsey Hinrichs	Freestyle – 07/25/2007
Brendan Opalka	Freestyle – 06/23/2007
Tyler Owens	Freestyle – 07/01/2009
Ken Regan	Freestyle – 03/21/2009
Chiara Secules	Freestyle – 07/09/2005
Eric Secules	Freestyle – 07/20/2007
Marissa Soucy	Freestyle – 01/20/2008
Katrin Hayward	Freestlye – 02/08/2009

Long Course Meters

Mike Disco	Freestyle – 06/30/2007
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TWO MINUTE CLUB

The Two Minute Club are swim team members who have gone under 2 minutes in the 200 yard/ long course meters in a pool for the first time in their career in freestyle, backstroke, breaststroke, butterfly, and/or 200 IM.

Yards

Mike Disco	Freestyle – 01/06/2007
Andy Disco	Freestyle – 11/23/2008

Long Course Meters